

# YOU + SOUL = LOVE



the myth of  
Psyche (soul)  
is a story of  
falling in love and  
being initiated  
into your soul's  
power as a  
soulmate.

*"It is a difficult matter to keep love imprisoned."  
from the myth of Eros and Psyche by Apuleius*

This journey is about falling in love with your soul and overcoming challenges to that love to become your soul's mate or partner. It is about you falling in love with YOU to become whole or complete within your Self. The myth of Psyche is the archetypal myth of soul searching, personal growth and Self-love. It is the story of the soul falling in love with Eros or Love itself. In the myth, Eros (Love) is the son of Aphrodite/Venus (the goddess of love and beauty) who sends him to kill Psyche out of jealousy. Instead Eros falls in love with Psyche, initiating a classic heroine's quest in which Psyche is separated from her love and must accomplish a series of impossible tests to be reunited with Eros after descending into the underworld. With the help of nature, Psyche accomplishes each test. She proves her love to be with her love. Marrying Eros, she becomes immortal and gives birth to a daughter named Pleasure. In her quest, Psyche embodies the deep strength and beauty of the soul. While this myth has many variations and interpretations, it serves as a fundamental myth for the soul's journey.



The story of Psyche and Eros is the ultimate LOVE STORY because the SOUL'S NATURE is LOVE.

"Love  
is a hero's  
journey."  
Marianne  
Williamson

"Only the soul  
knows what  
LOVE is."  
Rumi

## The Soul's Power is Love.

Love is the heart of who we are. It is what centers and grounds us in our body and what gives life meaning. Love is the treasure we seek on our journey and the nature of our soul. Love really is the answer . . . but it is also the problem. For while unconditional love (love of our whole and real Self) is the answer, our refusal to accept and love ourself is also the problem. Love is a powerful force that nothing can stand against, but it has to be born in the image of the soul that transforms our wounds into stepping stones on the path. This myth is a lesson in the true nature of love which overcomes all obstacles to heal ourselves by loving our Self. For only then can we love others. The message is: "Drop into your heart."

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs." 1 Corinthians

Put simply: LOVE IS LOVE. IT IS ENOUGH. IT IS EVERYTHING. Psyche's quest is to learn the selfless (and soulful) nature of love. That is our soul's quest to. To Love . . . what a beautiful calling.

*"Love is the beauty of the soul" Saint Augustine*